

**SAVE THE DATE**

**22q11.2**

**PARENT CONFERENCE**

CONNECT to Educate, Advocate & Navigate 22q

**November 7 - 8, 2020**

**Presentation format (online vs in person) will be determined based on public health guidelines.**

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**THEME**

**Mental Health Matters**

**KEYNOTE**

**Parenting in an Age of Anxiety**

**A Stress and Anxiety Toolkit for Parents**

**Ann Douglas, Parenting Author & Mental Health Advocate**

**NEW**

**Sessions for families who have received a new diagnosis of 22q.**

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**The conference this year will focus on parents and caregivers – there will be no programming for teens and young adults. If the event is being held in person, childcare spots will be available.**

**Organized in partnership with the SickKids 22q Deletion Syndrome clinic.**

**SickKids®**

**FOR MORE INFORMATION CONTACT COMMITTEE CO-CHAIRS**

Christine MacDonald & Lorraine Sutherns at  
[Connect22qFamilies@rogers.com](mailto:Connect22qFamilies@rogers.com)

**[www.22qfamilies.org](http://www.22qfamilies.org)**